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# Cindy & Erica's Obsession To Solve Today's™ Health Care Crisis: Autism, Alzheimer's™ Disease, Cardiovascular Disease, ALS And More





## Synopsis

Dr. Seneff weaves her research into a fictionalized story of two mothers on a quest to determine why everyone's health has deteriorated. Dr. Erica is the mother of an autistic child and pediatric physician who has teamed up with her best friend, Cindy, to help find answers for her son's and her patients' health issues. The autism spectrum was not covered well when she went to medical school, because the autism rate in 1970 was only 1 in 2,222 – compared to 1 in 68 today. At the time, it was called childhood schizophrenia with very little research available and no effective treatments. By 2032, every other child born in America will be autistic! Together, the two mothers slowly uncover the multiple biological reasons for this autism epidemic, and they identify the toxic chemicals in the environment that plausibly explain the epidemic. They become obsessed with solving the riddle of autism, and they discover that many other diseases alarmingly on the rise are also connected to this web of toxicity. This is a must read for all concerned with the autism epidemic and the overreach of Big Pharma and the Agrochemical Industry!

## Book Information

Paperback: 330 pages

Publisher: New Voice Publications (February 14, 2017)

Language: English

ISBN-10: 0991368894

ISBN-13: 978-0991368891

Product Dimensions: 6 x 0.8 x 9 inches

Shipping Weight: 1.2 pounds (View shipping rates and policies)

Average Customer Review: 5.0 out of 5 stars 5 customer reviews

Best Sellers Rank: #301,111 in Books (See Top 100 in Books) #141 in Books > Health, Fitness & Dieting > Diseases & Physical Ailments > Alzheimer's Disease #167 in Books > Health, Fitness & Dieting > Mental Health > Dementia #353 in Books > Parenting & Relationships > Special Needs > Disabilities

## Customer Reviews

Dr. Seneff has received four degrees from the Massachusetts Institute of Technology (MIT), a bachelor of science (BS) in biophysics, and a master's (MS), Electrical Engineering (EE), and doctorate (PhD) degree in electrical engineering and computer science. She is a senior research scientist at MIT Computer Science and Artificial Intelligence Laboratory (CSAIL).

The format, a novel, makes this wonderful book somewhat of an adventure combined with statistics from the scientific medical world. Dr Seneff is a brilliant scientist and I was hesitant to read something that may be way beyond my scope of background. She makes this a fascinating read and combines over 20 pages of studies/references for the knowledge behind this wonderful book.

My name is Andrea mother to a child who has been neurologically, and immunologically damaged by these environmental toxins listed on the front page of the book. Sick and tired of no answers I went on a journey unafraid, uninhibited and I taught myself science. I looked across many fields of science and the answers are big and they are profound and true. I never thought I would be looking at metabolic pathways across life-forms. What people cannot understand, don't know, or fail to stop and analyze is that industry has had too much influence in our life over decades and is contributing to a global crisis. Physicians are silenced, Departments of Health are forced into conforming, Departments of Education are co-erced into compliance with regulations that make little sense for children.....Physicians need to stop and listen to their patients, there is no excuse.....It is obvious what is happening in our world. Scientists need to stop publishing and protecting the industries that are hurting the life here. I am speaking from heart...Not a political side.Bombarded bodies and minds.....To many good people, honest people, loving people I have seen perish from degenerative conditions, they could have been helped, they could have had time and instead of living out the remainder of their time in a healthy state they lived the remainder of their time in a frail state. Frail, manipulated, bought, and sold.They reach a point where they no longer care that they are being poisoned because their mind is so far gone and they believe in what is being sold to them and only listen to the ways that have been instilled upon them. Tell me that it is not a crime against life? Tell me that is not corrupt?And when they grow old: And as we send them off to fight for our freedom, they loose theirs. And as we send them off to fight for our health, they learn to sell drugs. We need to see that their is a problem and not ignore it....If you want more science answers read this book.

I've been following Dr. Seneff's work on glyphosate and it's role in chronic diseases. In this book she makes complicated science accessible as she creates a story that is a very plausible explanation for the significant rates of chronic disease in the US today. Her theories offer a route to health that everyone can benefit from--more sunlight, more dietary "good" fats, decreasing exposure to toxins by eating organic, avoidance of statin drug treatments, and taking steps to minimize exposure to EMF (electro-magnetic fields). For those who want to delve deeper, Dr. Seneff lists all her resources at the back of the book. For anyone looking for answers to chronic health conditions

or wanting to understand the sharp increase in said conditions, this book offers new resources to explore in a cohesive theory that has the potential to change the way we see health and medicine in the United States.

I learned of Stephanie Seneff through glyphosate, a synthetic 18-atom compound. I've disliked pesticides since 2005 or so, but I didn't research them in depth until 2016, when I researched them for a passage and some lines in my next book. I learned glyphosate was Earth's most-used pesticide and that its usage was still increasing. I found a series of six papers on glyphosate written by Stephanie Seneff, a research scientist at MIT, and Anthony Samsel, a former government employee and glyphosate user, that had been published since 2013. The papers implicated glyphosate, which Monsanto and the government and maybe 85% of the media views/promotes as nontoxic or nearly nontoxic, as a major contributor or the cause of most modern diseases. After reading those six papers, I emailed Stephanie to factcheck a line on glyphosate in my book. I told her I had an idea to write a poetry book on glyphosate. I learned she'd written a novel in which two mothers explore the underlying causes of the autism epidemic and realize, in the end, that glyphosate is a major factor. I ordered it and read it with high levels of interest, underlining many lines, including: "But the key unsolvable problem is how to change the mind-set of the government, the media, the medical professionals, and the general public; to get them to accept the idea that we have been grossly misled by the agrochemical and pharmaceutical industries into believing that black is white." "It wasn't until September, 2012, when I had the pleasure to hear Prof. Don Huber lecture on the toxic effects of glyphosate, that I realized the importance of glyphosate as a major player in the disease process." "The other 29 countries all had better mortality rates than the U.S., with the best performer, Iceland, having the fewest required vaccines." "In 1983 the required injections from birth to 6 years old was 10 shots with 30 antigens. Now in 2011 from 0-6 years old is 34 shots with 115 antigens." "The mysterious fact that autistic brains are big" "The apparent genetic link might simply be a consequence of the fact that two embryos were sharing a limited resource from the mother!" "She'd get Steve to casually mention to Bob that she had written this thing and maybe Bob would tell Erica, and, well, who knows how things would unfold?" "One novel characteristic of the autistic brain is that it actually is larger than the non-autistic brain at the age of two or three. This is a time when ordinarily the brain goes through a massive pruning process, to weed out neurons that have failed to build up sufficient synaptic connections to be worthy of survival." "She came across a large database made available to the public by the Food and Drug Administration, the Vaccine Adverse Event Reporting System (VAERS), where thousands

of adverse reactions dating back to 1990 were readily accessible."-"The baby had just started her nap, so it was time to curl up with the computer and find out more about vaccines and allergies and autism."-Steve: "You never hear anything about sulfur deficiency."-Erica: "It's hard to be a doctor if you don't believe in the prescribed program. Take those statin drugs, for instance. I'd never prescribe a statin to a child. They're class X on pregnancy, like Thalidomide, the drug that led to all those missing arms and legs in the 1960s."-"She reflected on how fortuitous it was that he was an expert on database search."-"Why expose your child to toxic aluminum and mercury unless it actually is going to protect her from the disease."-"What they didn't say, however, was at the same time that mercury was phased out, aluminum was phased in. This change was implemented in 1999."-"Just as vaccines cause food allergies because of small amounts of peanut oil in the vaccine, they would logically cause an allergic reaction to this hormone, which could easily lead to infertility."-"The U.S. leads the world with 24 required vaccinations before the end of the baby's first year: 3 DTaP, 3 polio, 3 Hib Titer, 3 hepatitis B, 3 pneumonia, 3 rotavirus and 2 influenza."-"What amazes me most is the naivety of both the general public and the medical practitioners, and their unfounded faith in the idea that vaccines are safe and effective, given the obviously huge conflict-of-interest problems in the vaccine approval process."-"It's not as though it's not known that aluminum is toxic to health. No known biological system makes use of aluminum for any purpose."-"You must be asking yourself at this point why on earth would aluminum be put into vaccines in the first place."-"Newborns in the U.S. and other developed countries receive 14.7 to 49 times more than the FDA safety limits for aluminum, just through their mandatory vaccines."-"The reason that small amounts of food in vaccines cause an intense allergic reaction is that the body develops a memory of the good in association with the toxin that's also in the vaccine. The body is fooled into believing that the egg that the flu vaccine pathogen is grown in is somehow part of a strange new species, and it develops a response to the egg as well as, or perhaps even instead of, to the flu virus."-"Required U.S. vaccines in 1980 were 10 per child; in 2000 it was 32 per child."-"18 required vaccines contain aluminum."-"It was becoming very clear to her that the situation with statin drugs paralleled in many respects that with vaccinations. Both shared the feature that they made truckloads of money for the companies that manufactured them."-British Medical Journal editorial: "Legislation will not change the situation, for the smart money is always one step ahead. What is needed is a change of culture."-"All these people who were marching on Wall Street these days ought to be camping out in front of the headquarters of the pharmaceutical companies."-Erica re Cindy: "At least she's doing the homework to try to figure out what's going on with our children's health today."-"She needed to talk to somebody about this, but who? Too bad she had lost track of

all her biology friends while she was in college."-"But, still they wanted to figure it all out, and this kept them energized."-Erica: "I want to, particularly, give thanks to Sammy for being diagnosed with autism. It has really changed my perspective, and it has given me a purpose in life and a passion."-Steve to Cindy: "I envy you for your intense curiosity that allows you to get so immersed."-Ã¢ÂÂshe didn't know how to get back to the innocence she had enjoyed before she embarked on this journey deep into biological processes and environmental toxins."-Cindy: "It's a bit discouraging, but I'm very determined to try to figure out as much as I can about how biology works. It's all so very fascinating. Much better than any movie or novel I can think of."-Erica re paper allegedly disconnecting MMR & autism: "I have read very carefully and multiple times the article with a kazillion authors that is most often cited as proof. It's full of holes, in my opinion."-Cindy: "Ã¢ÂÂthe system for publishing scholarly work in the medical field is completely broken."-Cindy realized that somewhere along the way she had reached a point of view that now embraced the notion that nothing that happens in biology is without a positive purpose. Seizures allowed the brain to make use of its precious taurine, squirreled away for a rainy day that had now arrived, in the case of Jacoby."-Cindy: "If you believe in the American medical system, which fortunately I do not, and you're responsible, then of course you're going to use sunscreen."-"[Jim West] suggested that it's the DDT that actually caused the symptoms of polio, and the virus was just brought into play as a rescue attempt in a crisis. I remember the book Silent Spring by Rachel Carson showing how DDT was killing off all the birds and fish."-"Then she thought about Desulfovibrio desulfuricans, the bacterium that was over-represented in the gut in autism."-Cindy: "It was obvious to me that the problems were nutritional, and I hated how they were always finding some drug that interfered with some critical enzyme. Often, this made some numbers look better and let you feel you were actually helping improve your situation, when actually chances were you were making things worse."-From afterword: "Most of this novel was written over the course of a year and a half, from June, 2011 to December, 2012."-From afterword: "I am writing now in April, 2016. I now acknowledge that the chemical industry both owns the world and is destroying it, day-by-day. I have devoted every ounce of my being towards fighting the chemical industry, in the perhaps vain hope that one day we will win the world back."After reading the novel, I made four lists: One of selected books/papers mentioned it referenced and that I wanted to read (The Descent of Woman by Elaine Morgan, "There's a Downside to Vaccinations" by Catherine Frompovich, others), one titled "Statin info to tell dad," one titled "Health info to share with parents," and one of words/terms it said that I wanted to learn, remember, or research. I also recommend Stephanie Seneff's scientific papers and other writing (which are linked on her website) and her talks/interviews on YouTube. Thank you for

reading my review.

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Cindy & Erica's Obsession to Solve Today's Health Care Crisis: Autism, Alzheimer's Disease, Cardiovascular Disease, ALS and More Becoming By Cindy Crawford: By Cindy Crawford with Katherine O' Leary Understand Alzheimer's: A First-Time Caregiver's Plan to Understand & Prepare for Alzheimer's & Dementia The Lost Boy (Patrik Hedstrom and Erica Falck, Book 7) (Patrick Hedstrom and Erica Falck) The Stranger (Patrik Hedstrom and Erica Falck, Book 4) (Patrick Hedstrom and Erica Falck) The Hidden Child (Patrik Hedstrom and Erica Falck, Book 5) (Patrick Hedstrom and Erica Falck) The Drowning (Patrik Hedstrom and Erica Falck, Book 6) (Patrick Hedstrom and Erica Falck) CAT CARE: BEGINNERS GUIDE TO KITTEN CARE AND TRAINING TIPS (Cat care, cat care books, cat care manual, cat care products, cat care kit, cat care supplies) Handbook of Emergency Cardiovascular Care: for Healthcare Providers (AHA Handbook of Emergency Cardiovascular Care) Cat Training: The Ultimate Cat Training Guide - Learn How To Train Your Cat And Solve Behavior Problems (Cats Care & Health, Kitten Care, Animal Care) Science for Sale in the Autism Wars: Medically necessary autism treatment, the court battle for health insurance and why health technology academics are enemy number one The Alzheimer's Antidote: Using a Low-Carb, High-Fat Diet to Fight Alzheimer's Disease, Memory Loss, and Cognitive Decline iGen: Why Today's Super-Connected Kids Are Growing Up Less Rebellious, More Tolerant, Less Happy--and Completely Unprepared for Adulthood--and What That Means for the Rest of Us Second Forgetting: Remembering the Power of the Gospel during Alzheimer's Disease The No-Cry Nap Solution: Guaranteed Gentle Ways to Solve All Your Naptime Problems: Guaranteed, Gentle Ways to Solve All Your Naptime Problems (Family & Relationships) Obsession: First Four Books In The Billionaire's Obsession Series The Billionaire's Obsession: The Complete Collection Boxed Set (Mine For Tonight, Mine For Now, Mine Forever, Mine Completely) (The Billionaire's Obsession series Book 1) Todd's Cardiovascular Review Book Volume 5: Practice Exams for Invasive CV Technology (Todd's Cardiovascular Review Books) Essentials of Cardiovascular Nursing (Aspen Series in Cardiovascular Nursing) Cardiovascular Pharmacology of 5-Hydroxytryptamine: Prospective Therapeutic Applications (Developments in Cardiovascular Medicine)

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